# **Hooded Baby Cape**

Designed by the Kit Makers of Good Shepherd Lutheran Church in Knoxville, Iowa

Difficulty Level: Moderate; the single layer fleece option is simpler than the lined option.

## SUPPLIES

- 30" fabric (good options include flannel, sweatshirt knits, denim, corduroy) or fleece, 45" or 60" wide
- 30" lining fabric You can use the same type of fabric as the outer fabric and make the cape reversible (jersey knit is another good lining option). If using fleece for your main fabric in place of a lighter weight fabric, you do not need a lining.
- 2 strips of interfacing, 1 <sup>1</sup>/<sub>2</sub>" x 14" (any lightweight, firm woven fabric scrap)
- 16" of 1/4" elastic
- 2-6 buttons, as desired
- Straight ruler
- Fabric chalk or marker (washable)

# PATTERN PRINTING INSTRUCTIONS

- 1. All pattern pieces are to scale; no need to enlarge. Review instructions on the pattern pieces carefully prior to cutting out the pattern or fabric.
- Special note about the hood (pattern pieces C and D): two pages will print for the hood. Prior to cutting, you must match the lines in the center of each page. You do not need to trim or overlap the paper pattern. Tape the two pieces together well at the seam before cutting out the pattern piece.

# TO MAKE A LINED CAPE

### CUT

- 1. Layer the outer fabric and lining fabric together, matching folded edges.
- 2. On Front (A) and Back (B) pieces, measure and mark the extensions out on each side, and draw a gently curving line to connect the two ends.
- 3. Pin on the pattern, placing the Back (B) and the Hood (C and D) pieces against the fold as noted on the pattern pieces.
- 4. Cut out garment and lining at the same time.
- 5. Lay the Front (A) and Back (B) pieces with the bottom curve together and trim so that the curve is the same on all pieces.



Lutheran World Relief USTAINABLE DEVELOPMENT. LASTING PROMISE.

#### TO MAKE A LINED CAPE

#### SEW HOOD

- (Pattern pieces C and D) Pin outer fabric and lining fabric, right sides together, along front edge. Stitch, using 5/8" seam allowance. Trim seam, if using any heavy fabrics. Press seam open, then fold hood, wrong sides together, and repress front edge.
- 2. Place right sides of the outer fabric together and sew the center back seam. Repeat with the lining fabric.
- 3. Make a casing along the front edge by sewing ½" from the front seam. Thread the elastic through the casing. Sew across the ends of the casing, catching the elastic. Continue stitching across the neck edge of the hood, sewing the outer fabric and lining together.

#### SEW BODY

- 1. Stitch the interfacing to the lining along the front edge, where the buttons and buttonholes will go.
- 2. With right sides together, pin along angled edges and sew the Fronts (A) to the Back (B) of both the outer fabric and the lining. Press the seams.
- 3. Pin the Hood to the outer fabric along the neckline, matching the notches on the back. The front edge of the hood should come almost to the center front notch on the cape. Sew hood to cape.
- 4. Pin the lining to the outer fabric, right sides together. The hood will be encased inside the cape. Stitch around the entire perimeter of the cape, leaving about 6" unstitched somewhere on the bottom edge to allow you to turn the cape right side out.
- 5. Trim the seam notch along the bottom edge, clip the neckline edge, trim excess from corners, trim away some of the seam allowance if fabrics are bulky.
- 6. Pull the cape through the unstitched area. Poke out the corners; press the seam so the lining and outer fabric just meet at the edge of the garment. Pin the unstitched area and top-stitch as close to the folded edge as you feel comfortable sewing.
- Based on the number of buttons you wish to use, space and mark buttonholes and buttons accordingly. If you chose to make the cape reversible, stitch buttons on both sides of the garment. Horizontal buttonholes are stronger and buttons will stay buttoned better.



# Hooded Baby Cape Continued

#### TO MAKE AN UNLINED (FLEECE) CAPE

#### CUT

- 1. On Front (A) and Back (B) pieces, measure and mark the extensions out on each side, and draw a gently curving line to connect the two ends.
- 2. Pin on the pattern, placing the Back (B) and the Hood (C and D) pieces against the fold as noted on the pattern pieces.
- 3. Cut out garment.
- 4. Lay the Front (A) and Back (B) pieces with the bottom curve together and trim so that the curve is the same on all pieces.

\*Note: Fleece does not ravel, so it is not necessary to turn under raw edges or finish seams as you construct the garment.

#### SEW HOOD

 (Pattern pieces C and D) Fold front edge under 5/8" and pin. Sew <sup>1</sup>/<sub>2</sub>" from folded edge to form casing. Place right sides together, and pin and sew center back seam. Insert elastic in casing. Sew across ends of casing to secure elastic.

#### **SEW BODY**

- 1. Sew interfacing to the wrong side of the front, along edge where button holes and buttons will go.
- 2. Sew Fronts (A) to Back (B) piece at angled edges, right sides together.
- 3. Pin hood to neckline of body, matching back notches, and having the front of the hood close to the center front notches. Sew hood to cape.
- 4. Fold the front facing back 1 ½", right sides together. Pin along neck edge, and stitch from front edge to neckline stitching from step 3. Trim the front corner, and turn. You may trim the neckline seam allowance of the cape and then stitch the hood seam allowance down, over the trimmed cape seam allowance. This will make the neckline smoother.
- 5. You may hem the bottom edge of the cape by turning ½" to the inside and top stitching, but it is not necessary. This is a good place to use a zigzag or other stretchy stitch, as the fleece will stretch as the garment is being worn.
- Based on the number of buttons you wish to use, space and mark buttonholes and buttons accordingly. Horizontal buttonholes are stronger and buttons will stay buttoned better.



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**PLACE AGAINST FOLD** 



(FRONT)

